

Important Information

The Secondary Stroke Prevention Clinic is an outpatient clinic and does not replace the emergency department.

If your signs and symptoms of stroke or TIA get worse from the time of your referral to the Secondary Stroke Prevention Clinic, **call 911** and get to the nearest emergency department right away.

Signs and Symptoms of a Stroke

Recognize the warning signs of a stroke:

- Sudden weakness, numbness or tingling
- Sudden trouble speaking or understanding speech
- Sudden vision problems
- Sudden severe headache
- Sudden dizziness or loss of balance

If you think you, or someone you know may be having a stroke, **call 911 immediately**. Even if these symptoms appear to go away quickly, seek medical attention **IMMEDIATELY**.



This clinic is located at Grand River Hospital's
KW Site
**Kaufman Building – Floor 5
40 Green Street**

To access the Kaufman Building on Green St., please park in the short-term, wheelchair accessible parking lot at 40 Green St. (located on Green St. between King and Park Streets) or the hospital's parking garage.

Do not go to the hospital's main entrance, please go to the Kaufman building.

Grand River Hospital
835 King St. West
Kitchener, On. N2G 1G3
Phone: 519-749-4300, ext. 2611
Fax: 519-749-4351

This clinic is funded by the Ministry of Health and Long Term Care.

GRAND RIVER
HOSPITAL

www.grandriverhospital.on.ca

Secondary Stroke Prevention Clinic



GRAND RIVER
HOSPITAL
District Stroke Centre



The Secondary Stroke Prevention Clinic (SSPC)

The SSPC is an outpatient clinic for people who have experienced signs and symptoms of a recent minor stroke or transient ischemic attack (TIA).

Our goal is to reduce the incidence of stroke by:

- Providing **early** assessments and the right interventions,
- Providing **fast** access to diagnostic tests,
- Providing **education** to patients and family members about managing and reducing their risks, and how to prevent a stroke.

Our services include

- Fast access to stroke specialists (internists and neurologists)
- Rapid access to diagnostic tests
- Risk factor screening and counseling
- Referrals to neurosurgical services
- Referrals to outpatient services as needed

What to bring to your appointment

Please bring your health card, all of the medications you are currently taking (including vitamins, minerals, herbal supplements) and a family member or friend to accompany you.

Who can go to the SSPC?

Your doctor must refer you. We work with patients who have had a minor stroke or TIA. If you experience the signs and symptoms of a stroke, **call 911 immediately**. Even if these symptoms appear to go away quickly, seek medical attention IMMEDIATELY.

How do I book an appointment?

After we receive a referral from your doctor, we will call you to book an appointment.

If we haven't contacted you within two business days, please call our receptionist at 519-749-4300, ext. 2611.

What can I expect at the SSPC?

At the clinic, you will meet with a doctor and a registered nurse, who specialize in stroke prevention and care.

They will discuss your medical history and ask you about your lifestyle as it relates to stroke risk factors. They may order medical tests or medications. They may also suggest lifestyle changes and will provide you with information and suggestions to lower your risk of stroke.

How can I contact the Stroke Prevention Clinic?

The clinic is open Monday to Friday from 8 a.m. until 4 p.m.

If you have questions, or need to change your appointment, please call our receptionist at 519-749-4300, ext. 2611.

What happens after my first appointment?

We will send a report of your visit to your doctor and book any necessary tests. If needed, we will call you to book a follow-up appointment.

What do I need to do?

Please call your family doctor and make an appointment for two weeks after you have seen us in the Secondary Stroke Prevention Clinic.

